If containers do not start once check inside this locations too:

Click on orange/red color image and check log:

Graphical user interface, text, application, email

Description automatically generated

Error:

bootstrap check failure [1] of [1]: max virtual memory areas vm.max\_map\_count [65530] is too low, increase to at least [262144]

Solution:

For MS Windows users, using wsl subsystem

Open powershell, run

wsl -d docker-desktop

then

sysctl -w vm.max\_map\_count=262144

Text

Description automatically generated

Graphical user interface, text, email

Description automatically generated